

## It's Flu Shot Season

The flu vaccine has arrived and I wanted to invite you in to my office to get your flu shot this year. The optimal time to have your annual influenza vaccine is between September and November.

Patients often inquire if it matters where they receive their flu shot. In truth, any place that is convenient for you is perfectly appropriate. What is important, is that you have a flu shot during this season!

Please call our office to schedule an appointment to receive the flu vaccine. If you have any questions, do not hesitant to contact me personally at 314.872.8822.